



### Biography of Prof. Dr. Ulrich C. Liener

Ulrich C. Liener MD, who has been chief of staff since 2009, attended the medical university in Ulm Germany. During his orthopedic and surgical training at the University Hospital in Ulm he was awarded a travel scholarship to the L. A. County Hospital in Los Angeles. He is an assistant professor of surgery at Ulm medical university and he specializes in shoulder and elbow surgery, geriatric trauma and adult reconstruction. He is a member of the German Trauma Society (DGU) and the American Academy of Orthopedic Surgeons (AAOS) and an Advanced Trauma Life Support (ATLS) provider as well as a reviewer of international medical journals.

### DIRECTIONS



#### By bus or tram



#### By car

### Billing

We are a member of the TRICARE Preferred Provider Network for active duty military and their command sponsored family members. If necessary our staff will provide an estimate of treatment costs.

### Website

For additional information please visit our website: [www.stuttgart-ortho.de](http://www.stuttgart-ortho.de)

### GPS Address

The GPS address is Böheimstraße 37, 70199 Stuttgart. Onsite public parking is available on Böheimstraße as well as on another parking facility on Eierstraße. A ticket must be pulled at the vending machine.

The outpatient clinic is located on the first floor (M1) of the building St. Maria (main tall building).

If you use public transportation leave the bus No. 41 at the bus stop „Marienhospital“. Alternatively you may take the tram U1 or U14 to the „Erwin-Schoettle-Platz“.

### BASIC INFORMATION



### Klinik für Orthopädie und Unfallchirurgie

am Marienhospital Stuttgart  
Böheimstraße 37  
70199 Stuttgart

### Chefartzsekretariat

Sabine Reim  
Telefon: (0711) 64 89-22 03  
Telefax: (0711) 64 89-22 27  
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Further information can be found on  
[www.marienhospital-stuttgart.de](http://www.marienhospital-stuttgart.de)

## Outpatient Clinic for English Speaking Patients

DEPARTMENT OF ORTHOPEDIC  
AND TRAUMA SURGERY

CHIEF OF STAFF:  
PROF. DR. MED. ULRICH C. LIENER

## Welcome to the Marienhospital.

The Marienhospital is the largest single hospital in Stuttgart and was founded in 1890 as the first catholic hospital in Stuttgart. With 17 different medical departments and 14 specialized multidisciplinary treatment centers we offer comprehensive care for the greater Stuttgart area.

We recognize the challenges associated with receiving medical care in a foreign county and believe that this should not be a difficult experience. The orthopedic outpatient clinic for English speaking patients will provide the help and orthopedic care you are seeking. If necessary our English speaking staff will assist you in arranging a referral to the appropriate department for your condition in our hospital.

The Department of Orthopedic and Trauma Surgery specializes in general orthopedic trauma, shoulder and elbow surgery, burns and geriatric trauma. The staff of the Department consists of 5 senior attending physicians and 11 residents. The hospital has a large in and outpatient physiotherapy and physical therapy facility. The chief of staff himself usually sees the patients in the outpatient clinic for English speaking patients.

Yours sincerely  
**Prof. Dr. med. Ulrich Christoph Liener**  
 Chief of Staff,  
 Department of Orthopedic and Trauma Surgery

### General orthopedic trauma and emergency care

Orthopedic trauma specializes in the treatment of injuries of bones, joints and soft tissues such as muscles, tendons and ligaments. We treat all fractures, including the upper and lower extremity, pelvis and acetabulum as well as multiple fractures. Depending on the severity of the injury, some injuries may be treated nonoperatively with the use of splints, casts and braces. More severe injuries may require surgical procedures including plating or nailing or minimal invasive arthroscopic procedures.

If it is not an urgent situation an appointment is typically scheduled with our service within a few days. Serious injuries will usually be addressed within 24 hours. Following the operation physiotherapy will be prescribed to attempt to regain pre-fracture function. After discharge patients who undergo surgery typically return to our clinic for follow up visits until the fracture is completely healed.

As a Level II trauma center we provide a high level of emergency care for injured patients. The emergency trauma service is supported by general surgeons, plastic surgeons, cranio-maxillofacial surgeons and anesthesiologists. We provide state-of-the-art equipment to resuscitate, stabilize and support critically injured patients.

*Emergency room with state-of-the-art equipment*



### Shoulder and Elbow Surgery

Our shoulder and elbow service was formed to provide sub-specialty care to patients with shoulder and elbow problems. It treats conditions due to injury, disease or to the normal process of aging that affect the ability to participate in activities of daily living. Apart from over 300 upper extremity fractures that we handle each year the conditions that we treat are degenerative, inflammatory and post traumatic joint problems. Soft tissue injuries include labral tears, rotator cuff tears and elbow ligamentous injuries as well as Golfer's and Tennis elbow.

The Shoulder and Elbow Service manages both operative and non-operative treatments with a specialized experience in minimally invasive surgery of the shoulder and elbow.

### Burns

The Marienhospital burn center which is part of the Department of Orthopedic and Trauma Surgery, is responsible for the treatment and recovery of patients with severe burns. It treats over 400 patients with burns each year and is the sole provider of burn care in the greater Stuttgart area. Depending on the severity of a burn, patients are usually referred from other hospitals or directly transported to our burn unit from the scene of the accident. Typically we treat a variety of wounds like thermal and scald burns, chemical burns, electrical burns and friction burns.

*Minimal invasive surgical intervention*



Treatment for burn injuries can be a difficult and lengthy process. Patients are treated by a highly specialized team that includes physicians, nurses and special counselors. An artificial skin substitute (Suprathel) was developed in our hospital in cooperation with the Institute of Textile Technology and Process Engineering in Denkendorf.

Our Outpatient Burn Clinic provides comprehensive care for burn patients who have been recently discharged or for those who's burns did not require hospitalization. The Outpatient Burn Clinic provides care to address dermal and scar management in cooperation with our Department of Plastic Surgery and is regularly visited by members of a local burn support group.

### Geriatric orthopedic trauma

Spine and extremity fractures associated with osteoporosis are especially common in elderly patients. We recognize that, apart from the fracture treatment, many elderly patients have a variety of medical issues that must be addressed. This is the reason why we have initiated an integrated and collaborative program that is focused on the needs of this special patient population. All patients older than 70 years are routinely screened for relevant co-illnesses at admission. Surgery is then usually scheduled within 24 hours. If deemed necessary a structured, medical, functional, cognitive and psychosocial evaluation that contributes to the overall plan of care is initiated directly after the surgery by a geriatrician. During routine

*Routine joint rounds at the orthopedic ward*



joint rounds with the orthopedic surgeon the geriatrician makes recommendations in order to prevent age-specific complications. All patients presenting with fragility fractures are assessed to determine the need for a medical therapy to prevent future osteoporotic fractures.

### Room accommodation and hospital amenities

All of our patient rooms are designed for comfort and comprehensive care. Room features include window views to allow sunlight in and low enough for patients to see out while lying in bed, a television and telephone terminal at your bed positioned for optimal visibility, and a spacious bathroom. There is high-speed internet access in all inpatient areas. On the ground floor there is a retail shop, an ATM machine and the hospital cafeteria.

### How to set up an appointment

Appointments can be scheduled over the phone at the office of the chief of staff by calling (07 11) 64 89-22 03.

*Comfortable and spacious private room*

